

ENERGY PARTIES

An evening or afternoon of ADVENTURE!

HOLD AN ENERGY PARTY IN YOUR OWN HOME

Are you looking for a fun way to spend time with your friends?
Do you want a totally unique and interesting party that allows you and your friends to experience fascinating insights into the world of Energies?
THEN THIS IS FOR YOU!

ENERGY INTRODUCTION
EXPERIENCE AND UNDERSTAND ENERGIES

I will teach you and your friends how to feel their energy and to feel each other's Aura and techniques to increase personal energy and vitality. Learn about and focus on ways to experience greater joy for yourself and share it with others. You will also learn how to use this energy to help others.

EFT PARTY

EFT – EMOTIONAL FREEDOM
ACUPUNCTURE WITHOUT NEEDLES.

EFT is a gentle tapping technique that relieves pain, stress and removes emotional blocks.

At an EFT party, I'll teach what EFT is and how it works. We'll work with EFT as a collective group to release negativity and to experience your healthy, happy and abundant selves!!! Learn how you and your friends can stay vibrant and energetic

MANIFESTING YOUR HEART'S DESIRES

We will use a wonderful variety of energy techniques to get in touch with your heart's desires, remove blocks and embrace the energy vibrations of abundance and happiness. Let your dreams come true! Bring light and energy into yourselves and feel more empowered in your life

DEMONSTRATIONS and TALKS

Do you have a group or club that would benefit from knowing how EFT and Energy works?
Call today to schedule a presentation!

PARTY COSTS: \$18 per person \$90 min. plus \$.30 per mi. from Kinsale (22488)



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